

The Family Support Worker offers practical help and emotional support to families experiencing various problems, this can be provided in their own home or in the community.

The interventions are needed and referral to more specialised services can be made.

ADULT COUNSELLING

We offer a free and confidential counselling service to parents. Counselling offers an opportunity to reflect on a range of challenges and work towards a positive future.

Family Support Worker
Kilmore West Youth Project CLG

Registered Charity 20204827



**Kilmore Empowering
Every Person**

FAMILY SUPPORT WORKER



**An Roinn Dlí agus Cirt
agus Comhionannais**
Department of Justice
and Equality



ciste na
gcuntas díomhaoin
**the dormant
accounts fund**

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FAMILY SUPPORT ROLE

Working in partnership with children, families, professionals and communities

Interventions are needs led and strive for minimum intervention

To intervene early in order to prevent problems escalating

Recognise all families have strengths and increase a family's capacity for self-sufficiency by building on strengths, enhancing life skills and promoting community links

Family Support is accessible and flexible in respect of timing, setting and changing needs

OUR PROGRAMMES

◆ FAMILY SUPPORT

Home, family & personal hygiene
Supporting health & educational needs
Behaviour Management
Parenting routines & Boundaries
Helping families achieve their goals

◆ MEITHEAL

The Meitheal model focuses on identifying a child or family's needs and strengths and brings together a team of practitioners to collaborate on providing any supports that they may need.

◆ HOUSEHOLD ASSISTANCE

Budgeting & financial planning
Utility & bill management options
Support with completing paperwork
Advice & support around housing issues

◆ NON VIOLENT RESISTANCE PROGRAMME

Support for parents facing child to parent violence. Non Violent Resistance (NVR) is a pioneering therapy, which has been developed to target aggressive, violent, controlling, and risk taking behaviour in young people. One to one or group sessions available.

◆ CIRCLE OF SECURITY PARENTING PROGRAMME

One to one & group sessions
Developing secure parent-child attachments. Understanding a child's emotions and supporting them to manage same, Enhance a child's self esteem



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